

## PROGRESS REPORT



**For the Period of November 2011 to January 2012**

Date issued: January 2012

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(12 pages including cover page)

## 1. The Founder's Pen

"Amat Victoria Curam". This is a Latin proverb that translates "Victory Loves Preparation". I have been using this proverb as a motivation towards my life. We need to be prepared for the battle of righteousness in our daily lives.



Neil Pretorius CEO/Founder

The concept is fundamental: when you want to live victoriously you need preparation in everything you do. Victory will love you if you are diligent in your preparations for the contest of life.

The actions or processes we follow to prepare and get ready for occasions and tests depict our preparations. Through the struggle against all odds and difficulties the mastery of victory is achieved.

We prepare with sport, homework assistance and cultivating leadership principles. We prepare a community to look after itself by creating job opportunities. We are prepared to fight malnutrition with our supplemented high protein products. Our greatest preparation is our fiery aspiration for change.

Our Victory lies in self sustainable communities. We share in the preparation for victory with every future leader. We have prepared for the victory of school results improving and developing sport talents. We count ourselves victorious in the prevailing of righteousness.

The biggest preparation is for righteousness to rein victoriously over hopelessness.

"Amat Victoria Curam"

## 2. Hunger and Thirst Foundation's Ambassador for Change

The newly crowned Mrs SA 2011 Lynné de Jager (27) originates from Pretoria. She and both her princesses Nozuko Dlamini (29) and Joani Jacobs (23) were crowned on the 12<sup>th</sup> of November 2011. Lynné has been given the opportunity to represent our country's beauty even further in the Mrs World competition.

De Jager, a model and actress, believes in the beauty of this country and helps in any way she can to brighten its future. Amongst her list of Royal duties she supports The Hunger and Thirst Foundation. She aims to enrol more children into our program by creating awareness through her marketing opportunities.

Mrs SA's message to the country "It's about your shape and not your size!" inspires many South African women to being the best they can be. Her charm, beauty and caring heart is destined to make a difference in this country's future.



Lynné de Jager crowned as Mrs SA 2011

Congratulations Lynné, we are proud of you! Thank you for the difference you are making in the lives of our Leadership and Sports Academy (LSA) children.



Lynné de Jager with LSA children



Lynné de Jager with Neil Pretorius CEO/Founder

### 3. International Visitors from Holland

We have welcomed a volunteer program into our midst. Our vision states to create much needed job opportunities in previously disadvantaged communities where the volunteers help the Coaches, Food team and Mentors in their daily tasks. Little did we know our international visitors would surprise us with their initiative.

Dick, Lisbeth and their sons, Tom (12) and Lars (11), are the von Vlooten family from Holland. Dick is an Interim Manager and Lisbeth is in Marketing and Sales. Each year the von Vlooten Family contribute their time and energy to a worthy cause somewhere in the world. They did research on where they could be of service and thanks to a reference decided to volunteer for four weeks at the Hunger and Thirst Foundation in South Africa.



von Vlooten Family  
Dick, Tom, Lars and Lisbeth

They started on the 4<sup>th</sup> of November by visiting our Head Office. Their first task as volunteers was at our training facility at the Boma. The following week they visited each LSA and joined in with our daily program. After enjoying the time spent with the LSA children the family started thinking of a project they could initiate...



Lars playing with LSA children

Between Dick, Lisbeth, Tom and Lars they discovered a “Sepak Takraw” ball and a “Petaca” (similar to a badminton played with the palm of the hands). A Sepak Takraw ball is made from fibre ribbing and sticky tape by using a pattern of weaving and a Petaca is made from feathers as a stem and a bean bag for weight. With much experimenting they mastered the skill of creating Sepak Takraw balls. They taught the staff at head office how to make it ourselves and we loved the idea of combining these creative skills with fun.



our version of a Petaca



Sepak Takraw ball

From the 14<sup>th</sup> November to the 17<sup>th</sup> November 2011, the von Vlooten family along with our training staff (Steven Graaff, Jayd Duff and Doreen Bessies), visited each LSA and started training the LSA staff to create Sepak Takraw balls and Petacas. The staff will also be teaching the LSA children how to make them.



Windsorton LSA



Barkly West LSA



Ritchie LSA



Platfontein LSA

Thank you to everyone who took part in working and refining the idea of the Sepak Takraw balls and Petacas . Also a special thank you Mr. Hannes Myburg at Rancho Las Plumas from Oudtshoorn for sponsoring all of the Ostrich feathers for the Petacas. You have truly made a difference.

Lisbeth also started her own project: She interviewed some of our staff members to get a more holistic view of the Hunger and Thirst Foundation. With the information she gathered she put together a news letter for the purpose of marketing the Hunger and Thirst Foundation in Holland. With her marketing and our balanced program we are approaching international recognition.



Lisbeth interviewing Staff members



Lisbeth interviewing Roberto Links-  
Overseer Assistant Barkly LSA

We thank the von Vlooten Family for the difference they have made and the knowledge they have imparted in the lives of our LSA children.



Hunger and Thirst head office and the von Vlooten Family

## 4. Holiday Program December 2011

During the holiday we remained active at our LSAs. Our LSA staff made sure the LSA children stayed out of trouble for the remainder of the holiday program: We keep the children active by playing games such as soccer, pool, table tennis and darts.



LSA children at holiday program enjoying their shake



LSA children at holiday program playing table tennis



LSA children at holiday program enjoying pool



LSA children at holiday program playing cricket

## 5. We Empower Our People

### Overseer Promoted to Director of Training – Doreen Bessies

Doreen Bessies was born on the 18<sup>th</sup> of December 1961. She grew up on Limewell farm with her mother and grandfather. As a child Doreen always played “teacher” with her friends. As she grew up she constantly found herself surrounded by younger children helping them with homework and their life issues.

After leaving Heuwelsig High School Doreen became a school teacher. She taught for 9 years at a school. She couldn't further her intended studies and had to retire from the teaching practice.

In 1992 Doreen started working at the PEP Stores in Griekwa Stad Northern Cape. After working there for 3 years she was transferred to the Barkly West branch where she worked for 12 years. During 2007 Doreen could not continue working for PEP Stores due to unforeseeable circumstances.

She struggled with unemployment for 8 months, being a single parent of two children, before she started at the Hunger and Thirst Foundation.

Doreen's career at the Hunger and Thirst Foundation started when she went to one of our recruitment sessions in Barkly West (2007). After listening to the mission and vision of our Foundation she immediately signed on even though it was on a volunteer basis with no funds for salaries at that time.

"When I started at the foundation we did not have the privilege of the classrooms. We presented our lessons under the shaded trees of the school yard. We started as a small group of staff members with a handful of children. The Hunger and Thirst Foundation has grown tremendously and I am proud to be a part of the growth." *Doreen Bessies*

She then progressed from Mentor, Overseer, and Overseer Trainer to an Executive Director (Training Director) on 1 November 2011.

Doreen describes the program as part of her heartbeat. "The moment I heard what the Foundation wanted to accomplish I felt like I found my reason for living".

The road to success is a narrow and focused one. Doreen has stayed focused on her childhood dreams of making a difference in the lives of young people. Even though circumstances wanted to knock her down she stood up again every time. Her hard work has definitely been paying off and she is making a difference in the lives of young previously disadvantaged South Africans.

"Never let your circumstances keep you from dreaming. If a mixed race farm girl like me can do it, so can you!" *Doreen Bessies*



Marisca van Wyk interviewing Doreen Bessies

## 6. Year End Celebration 2011

To celebrate our year's great growth we held a Year End Celebration .As our staff numbers have grown to almost 200 members, it was too large to have one global celebration. Therefore each LSA had the opportunity to have a yearend celebration. The entire LSA staff and our four representatives [Neil Pretorius (CEO), Marie Botes (Operations Director), Doreen Bessies (Training Director), and Steven Graaff (Trainer)] attended these functions.

As at any celebration they had beautiful decorations, good food and great company. Each LSA pulled together multiple resources and made a success of the affair. We were impressed by their initiative. Head office invited each LSA's Overseer to their yearend celebration, and nominated a Best Overseer. Neil shared the success of the year with the LSAs and boasted about each person's contribution to making a difference. He encouraged everyone to rest well and stay safe during the holiday season, and motivated the staff for the coming year and the rewards they would reap.

Emmanuel De Assuncao a Coach at Windsorton LSA wrote a poem especially for the occasion of the Year End Celebration 2011 at the Windsorton LSA.

*A poem by Emmanuel De Assuncao (Coach - Windsorton LSA):*

*Hunger and Thirst the kids come first,  
I know they burst  
I learnt a lot, I got the opportunity to coach kids,  
So that I can take the lead to feed and equip them  
Now as I go with my flow these kids will grow for sure  
And will know how to be responsible in the future  
Thanks to the people from the programme  
The community is in unity and we maintain gain.*



Year end celebration 2011  
Windsorton LSA



Year end celebration 2011  
Platfontein LSA



Year end celebration 2011  
Barkly West LSA



Year end celebration 2011  
Ritchie LSA



Year end celebration 2011  
Headoffice and LSA Overseers

## 7. Performance Awards 2011

Each year we nominate persons who performed well during the year. In the year 2011 each LSA nominated their Best Coach 2011, Best Mentor 2011, Best Food team 2011 and a person as the Best Dressed 2011 for the Year End Celebration.

The Head Office nominated the overall Best Overseer 2011: Portia Madebe (Ritchie LSA). We are proud of each and every LSA staff member for the difference they make in the lives of the LSA children. Congratulations to each person who worked so hard and received an award, you deserve it!

In her absence, The Best Coach 2012 Ritchie LSA: Iris Badenhorst.

### Best Mentor 2011:



Best Mentor 2011 Platfontein LSA  
Magaret Salvador



Best Mentor 2011 Windsorton LSA  
Johanna Rhenoster



Best Mentor 2011 Ritchie LSA  
Charmain Diergaardt



Best Mentor 2011 Barkly West LSA  
Magdalene Louw

**Best Food Team 2011:**



Best Food Team 2011 Platfontein LSA  
Erena Bambu



Best Food Team 2011 Windsorton LSA  
Rinah Kaars



Best Food Team 2011 Barkly West LSA  
Mavis Moitse



Best Food Team 2011 Ritchie LSA  
Mieta Oliphant

Best Coach 2011:



Best Coach 2011 Platfontein LSA  
John Mushamba



Best Coach 2011 Windsorton LSA  
Bradley Chase



Best Coach 2011 Barkly West LSA  
Martin Saal

Best Dressed 2011:



Best Dressed 2011 Barkly West LSA  
Rosa Malgas



Best Dressed 2011 Windsorton LSA  
Emmanuel de Assuncao

Best Overseer 2011:



Best Overseer 2011  
Portia Madebe (Ritchie LSA)

## 8. Thank you

To all our partners thank you for your continual support. Your contribution has provided us in creating much needed job opportunities, as well as activating dreams in the hearts of our young South Africans.

*Keep in mind that all donations are **income tax deductible** and **qualify for points** on your organization's **BEE scorecard**. Visit our website [www.hungerandthirst.net](http://www.hungerandthirst.net) for more information.*